

2022/2023 9-12 Lunch
Lunch

Crenshaw County Schools

Mon	Tue	Wed	Thu	Fri
1/9/2023	1/10/2023	1/11/2023	1/12/2023	1/13/2023
Main Entree Hamburger Steak w/WG Roll Other Brown Gravy Fruit Fresh Fruit Variety Vegetable Flavorful Green Bean Casserole Mashed Potatoes Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	Main Entree Beef Tacos w/ Tortilla Chips HS Fruit Fresh Fruit Variety Vegetable Lettuce - Tomato - Onion Creamy Refried Beans Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry Condiment Salsa, Chunk Style, Medium flavor (Ortega)) Taco Sauce, Medium flavor (single serve) (Heinz)) Sour Cream, Reduced fat (single serve) (Dairy Star)	Main Entree Corn dog Fruit Fresh Fruit Variety Vegetable Hash Browns Steamed Broccoli Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	Main Entree Homemade Chili Grain Breadstick Crackers Fruit Fresh Fruit Variety Vegetable Crinkle Cut Fries Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry Condiment Hot Sauce Cheese Sauce, Plain (Katys Kitchen)	Main Entree Chicken Sandwich Other Bacon Spinach Pasta w/Parmesan Fruit Fresh Fruit Variety Vegetable Lettuce - Tomato - Onion Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry Condiment Mayonnaise Packet Ketchup Packet Mustard, Prepared (single serve)
1/16/2023	1/17/2023	1/18/2023	1/19/2023	1/20/2023
	Main Entree Cheesy Chicken Fajitas Meat/Meat Alternate Cheddar Cheese Cubes Other Steamed Rice Grain Bulk Tortilla Chips, WG (Mission) Fruit Fresh Fruit Variety Vegetable Garden Salad Corn Whole Kernel Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry Condiment Salsa, Chunk Style, Medium flavor (Ortega))	Main Entree Hamburger Grain Graham Cracker Snacks, Chocolate flavor (J and J) Fruit Fresh Fruit Variety Vegetable Broccoli Salad Sweet Potato Fries Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry Condiment Mayonnaise Packet Ketchup Packet Mustard, Prepared (single serve)	Main Entree Taco Soup Meat/Meat Alternate Shredded Cheddar RF Cheese Other Ranch Dressing (Homemade) Grain Crackers Breadstick Baked Tortilla Chips, Nacho Cheese Flavored, WG Fruit Fresh Fruit Variety Vegetable Sliced Cucumbers Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	Main Entree Turkey Sandwich Grain Crackers, Cheese Flavored (CheezIt) Fruit Fresh Fruit Variety Vegetable Lettuce - Tomato - Onion The Best Baked Beans Fruit Juice 100% Fruit Juice Variety Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry Condiment Mayonnaise Packet Mustard, Prepared (single serve)



Mon	Tue	Wed	Thu	Fri
1/23/2023	1/24/2023	1/25/2023	1/26/2023	1/27/2023
Main Entree Popcorn Chicken Bites	Main Entree Chicken and Cheese Quesadilla	Main Entree Chicken Tenders	Main Entree Vegetable Soup w/ Chicken	Main Entree French Bread Pepperoni Pizza
Other Brown Gravy	Fruit Fresh Fruit Variety	Grain Breadstick	Meat/Meat Alternate Homemade Peanut Butter & Jelly Sandwich	Fruit Fresh Fruit Variety
Grain Whole Grain Roll	Vegetable Buttery Carrots Garden Salad Corn on the Cob	Fruit Fresh Fruit Variety	Grain Crackers Crackers, Cheese Flavored (CheezIt)	Vegetable Broccoli Salad Sweet Potato Fries
Fruit Fresh Fruit Variety	Fruit Juice 100% Fruit Juice Variety	Vegetable California Blend Veggies The Best Baked Beans	Fruit Fresh Fruit Variety	Fruit Juice 100% Fruit Juice Variety
Vegetable Mashed Potatoes Southern Turnip Greens	Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	Fruit Juice 100% Fruit Juice Variety	Fruit Juice 100% Fruit Juice Variety	Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry
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1/30/2023	1/31/2023	2/1/2023	2/2/2023	2/3/2023
Main Entree Baked Pork Chop	Main Entree Buttermilk Pancakes	Main Entree WG Hot Dog	Main Entree Chicken Noodle Soup w/Grilled Cheese	Main Entree Chicken Sandwich
Other Steamed Rice w/Gravy	Meat/Meat Alternate Egg Patty Sausage Patty	Fruit Fresh Fruit Variety	Grain Crackers	Grain Cheddar Sun Chips
Grain Cornbread Crackers, Cheese Flavored (CheezIt)	Other Cheese Grits	Vegetable Lettuce - Tomato - Onion Buttery Carrots	Fruit Fresh Fruit Variety	Fruit Fresh Fruit Variety Sorbet Cup - Orange
Fruit Fresh Fruit Variety	Fruit Fresh Fruit Variety	Fruit Juice 100% Fruit Juice Variety	Vegetable Hash Browns Steamed Broccoli	Vegetable Lettuce - Tomato - Onion
Vegetable Blackeyed Peas Candied Sweet Potatoes	Vegetable Sliced Tomato Potato Rounds	Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	Fruit Juice 100% Fruit Juice Variety	Fruit Juice 100% Fruit Juice Variety
Fruit Juice 100% Fruit Juice Variety	Fruit Juice 100% Fruit Juice Variety	Condiment Hot Dog Chili/Sauce (Vane)	Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry
Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	Milk 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry		Dessert Cookie w/ Colored Candy	
	Condiment Syrup Cup			